

*Decluttering
Challenge
2024*

Details & Tracker

Decluttering Challenge 2024

The Details

What?

A 24-day-long challenge to clear some clutter!

To ring in 2024, I encourage you to declutter 24 things each day for 24 days.

Yes, that is a total of 576 things, so buckle in! I have included a sheet you can color in to help you stay on track!

When?

The challenge will run from January 8th through January 31st.

How?

Each day, you will find 24 items in your house that you no longer need, love, or that have served their purpose, and you will declutter them. This can be anything from any area of your home. It does not matter if it is books, clothes, shoes, toys, gadgets, extra chopsticks, expired coupons, or old receipts. Expired food, beauty products, and medicines count too. In short, anything that takes up space and creates clutter counts!

You decide what goes, and you decide where it goes. You can pass along, gift, donate, toss, or recycle the items. If you get stumped with what to do with something, send me a message.

Don't worry, I will be doing this in my house too, and each day I will post a picture of what I got rid of. So if you are stuck, you can always draw inspiration from those posts.

I would love to cheer you on as you declutter, so send me a message on IG or FB, tag me in a story, or email me and tell me how it is going!

Why?

I am doing this challenge because I know the negative effects clutter can have, and I also know how decluttering tends to have a positive impact on people's lives.

You may be overwhelmed by day-to-day clutter in your home, and I want to inspire and encourage you to clear some space both in your house and your mind this month. I also want to remind you to never ever be embarrassed if you have clutter in your home, we all do!

I look forward to you joining me!

Lisa

Decluttering Challenge 2024 Tracker

1/8	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/9	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/10	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/11	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/12	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/13	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/14	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/16	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/17	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/18	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/19	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/21	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/22	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/23	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/24	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/25	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/26	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/27	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/28	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/29	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1/31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24